

# DIABLO VALLEY ATHLETIC LEAGUE

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CLAYTON VALLEY - COLLEGE PARK - CONCORD HIGH - MT. DIABLO - NORTHGATE - YGNACIO VALLEY -  
BEREAN CHRISTIAN

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## BOYS & GIRLS VOLLEYBALL GUIDELINES

### 1. SEASON

- 1.1 Starting Dates:
  - 1.1.1 Girls: Practice may begin on the Monday following Thursday fourteen weeks prior to Thanksgiving.
  - 1.1.2 Boys: Practice may begin on the second Monday in February.
- 1.2 Maximum number of contests: Twenty four (24) allowed for Varsity, JV, and Frosh. Two (2) scrimmages are permitted.
- 1.3.1 Each day of a tournament counts as two (2) matches and is applied toward the maximum of 24 contests.

### 2. CONTEST INFORMATION

- 2.1 League Play: Double round robin – home and home.
  - 2.1.1 Girls: Frosh: 4:00; JV: 5:00 to follow frosh; Varsity: 6:30 to follow JV.
  - 2.1.2 Boys: JV – 5:00 PM, Varsity – 6:00 PM
- 2.2 Days of Play:
  - 2.2.1 Girls: Tuesdays and Thursdays.
  - 2.2.2 Boys: Tuesdays and Thursdays.
- 2.3 Contest Format:
  - 2.3.1 Rally scoring will be used at all levels of boys and girls volleyball as per CIF/National Federation rules.
  - 2.3.2 Number of games in a match: Frosh and JV matches will consist of the best two out of three games with the third game be to 15 pts. Varsity matches will consist of three out of five games with the fifth game being to 15 pts.
  - 2.3.3 Warm-up time will begin immediately after the coin toss.
  - 2.3.4 Games will be preceded by twenty (20) minute warm-up period
    - 2.3.4.1 Preliminary warm-up time will be 6-6-6-2. (Six minutes common time; six minutes court time each team; two minutes of both teams serving.
    - 2.3.4.2 Home team hits first in pre – game warm – ups.

### 3. PREVAILING RULES

- 3.1 Official rules will be the current edition of The National Federation of State High School Association Rule Book.
- 3.2 Eligibility:
  - 3.2.1 Any player may play Varsity or JV on any given day, but not both.
  - 3.2.2 Seniors are not allowed to play on JV team.

#### **4.DETERMINING CHAMPIONS**

##### **4.1 League Champion:**

- 4.1.1 The league champion and automatic NCS play-off qualifier will be the winner of round robin play. If there is a tie, all involved teams will be designated as co or tri champions. In case of a two way tie in round robin play, the NCS qualifier will be decided by a one match play-off held the first Friday after completion of league play. The hosting team will be determined by a coin flip conducted by the commissioner. In case there are three or more teams tied after round robin play, the number drawn by the AD's in season for the automatic bid to NCS will apply.

#### **5.NORTH COAST SECTION QUALIFYING AND AT-LARGE BERTH**

- 5.1 The automatic representative to the NCS will be the league Champion.
- 5.2.1 Any DVAL team that meets NCS qualifications may apply for any at-large berth.

#### **6.TIE BREAKING CRITERIA**

- 6.1 Teams that are tied will be designated co-champions.
  - 6.1.1 Head to head competition
  - 6.1.2 AD's will draw numbers in season for the auto bid to NCS. All teams will be designated co or tri champions.

#### **7. ALL LEAGUE SELECTION AND HONORABLE MENTION**

- 7.1 All DVAL first and second teams, plus honorable mention, will be selected at the end of the regular season. Those selected will be Varsity level only.
- 7.2 One (1) Most Valuable Player (MVP) will be selected.
- 7.3 All League selection will be based on ability only.
- 7.4 Voting will be done by teams—1<sup>st</sup> team then 2<sup>nd</sup> team.
- 7.5 Coaches may not vote for their own players.
- 7.6 League Commissioner will be responsible for distributing All League certificates.
- 7.7 DVAL All League Team will consist of:
  - 7.7.1 One MVP,
  - 7.7.2 Seven First Team All League players,
  - 7.7.3 Seven Second Team All League players,
  - 7.7.4 Seven Honorable Mention players, with at least one Honorable Mention player from each team.
- 7.8 All selected players for first and second teams plus honorable mention will receive DVAL certificates